



## Khadija Mithaiwala Testimonial

(Fort Convent)

**1. Better Academics:**

I joined this class in the 10<sup>th</sup> standard. At that time I was getting around 65%. **This training helped me score a superb 83% in the boards this year (2019).**

**2. Improved Concentration:**

After doing the Brain Enrichment Program, I can now concentrate better as previously I could only concentrate for an hour but now I can concentrate on my studies for around 4 to 5 hours at a stretch.

**3. Better Control of Emotions:**

I used to get angry very fast on my brother but now I have become much calmer than before.

**4. Increased Memory:**

My memory has become better. I can memorize easily and can also remember things for a longer period of time. I can still remember what I had studied 3-4 months back, but before doing this program I could remember it for a month or so.

**5. Sharper Intelligence:**

My overall intelligence has increased tremendously. For instance I was not very good in science, but after coming to Express Learning I got selected for an interschool science quiz and I **also got selected for the state level in that quiz.**

**6. Better Mathematics:**

I can now remember tables better than before. Earlier I would make mistakes in them which have completely reduced.

**7. Faster Reading Speed:**

I can now finish reading a book in just 3 days. Previously I would take a week or more to complete a book.

**8. Richer Language:**

I can speak English much better than before as my vocabulary has increased. I can also understand Hindi, English and Marathi much better than earlier. I can also read these three languages faster than before.

**9. Increased Confidence:**

I can now interact with all different kinds of people due to my increased confidence as earlier I was an introvert and would hesitate to talk to anyone.

**10. Deeper Focus:**

I can now focus much better on my studies and I have become serious towards it but earlier it was the opposite.

**11. Higher Level of Interest:**

I now feel that I am interested much more in studying than I was earlier as my level of interest has risen towards it.

**12. Quicker Learning:**

Earlier it used to take me an hour's time to study one chapter but after coming to express learning I can study one chapter in only 30 minutes.

**13. Better Understanding:**

I can now understand my studies much better than before as my level of understanding has increased tremendously.

**14. Better at Sports:**

I can now cycle faster than I could earlier and my stamina has also increased as earlier I would get tired after a certain period of time. Now I can do that for a much longer time.

**15. Higher Creativity:**

Recently I filled a slam book and I was very much impressed with my enhanced creativity as I could never do this before as I was least interested in arts but now that has completely changed.

**16. More Active:**

Earlier I used to find it very difficult to get up in the morning. Now due to my increased activeness, I can get up early in the morning without any problem.

**17. Great Interpersonal Skills:**

Earlier I would hesitate in talking to strangers but now I can do that very comfortably.

**18. Heightened Observation:**

I can now observe small things while travelling from one place to another as earlier I would miss them out.

**19. Expanded Self-Esteem:**

Earlier I never felt that I would be able to be so attentive in the class but after coming to express learning my self esteem expanded and I felt from inside that I can also achieve what others have and I am also equally capable.

**20. Enhanced Intuition:**

I predicted that my mother will cook my favourite dish today and it actually happened. I am fond of watching cricket and it happens very often that whatever I predict actually happens in reality.

*Khadija*  
Signature of the student