



Murtaza Motiwala Testimonial

(St. Xavier's Boys Academy)

- 1. Improved Sports:**
I can run faster in the race than before as my speed has increased which has made me a better runner.
- 2. Increased Memory:**
Now in my madrasa I can catch words faster than before as I can understand whatever the teacher teaches much better and faster which was not happening before.
- 3. Better Emotional Control:**
Previously I use get so angry that I would stop doing things and then after my mom would scold me, I would have to do it forcefully. Now I control my anger and I continue doing the task after controlling my anger.
- 4. Stress Free Studies:**
My anger also affected my studies which made me feel stressed but now since I control my anger, the stress that I used to feel has gone away in my studies.
- 5. Sharper Intelligence:**
I feel that I have become more intelligent as I can learn the chapter very nicely taught by the teacher. This makes me feel really good about myself from inside.
- 6. Faster Speed of Reading:**
In lisan-ud-dawat I can read faster than before and I can also understand along with the faster reading speed.
- 7. Better Languages:**
I can read the English chapters better than before and I can also remember the matter better in the English subject. (Literature)
- 8. Better Hindi:**
My hindi has improved after this training as I can read better in hindi and the answers can also be learnt in a better way than before. This was not happening before.
- 9. Better Focus in Running:**
Now I make a target that I have to run so many metres in a particular time and then I can achieve that target and I win against my friends in the race. I could not do this before.
- 10. Higher Level of Confidence:**
Now I can ask a question to the teacher in front of the whole class with confidence which was not possible before. I use to feel very scared to ask the teacher before as I would think that what will the others say or will they laugh at me or will the teacher scold me? Now I feel much better.

11. Less Lazy:

My laziness has gone down as I have become more active and like to be a part of any kind of activity which didn't happen before.

12. More Participative:

Now I like to participate in dancing and other activities which was not the case earlier. I was not that much interested in participating in activities.

13. Better Marks:

In madrasa exams previously I use to score 20 out of 50 and now I score 75 out of 100.

14. Greater Interpersonal Skills:

When there would be guests at home, I would take a lot of time before I started talking to them and I would take almost half a day before the start of the conversation. Now I start talking to them only after 30 minutes. This is my development.

15. Heightened Observation:

Now I can observe the cars and the buildings in the environment wherever I go. I have started marking and observing things better than before.

16. Lesser feeling of Inferiority:

I feel good about myself from inside during my studies, as previously I felt that I was not good and therefore never had the confidence of asking questions in my class. But now that good feeling has increased my self-esteem.

17. Enhanced Intuition:

One day I had thought that mom must have cooked paya and when I asked her, she said that paya was cooked.

Murtaza

Signature of the Student