



Zahabiyah Lokhandwala Testimonial

(Lilavatibai Podar High School, Santacruz)

1. Improved Concentration:

I can now concentrate for 20 minutes at a stretch but earlier I would get distracted in 5 minutes only therefore my concentration has developed 4 times.

2. Increased Memory:

Before it used to take me 1 hour to learn 1 chapter but now I can do it in just 20 minutes.

3. Sharper Intelligence:

I feel that I have become more intelligent while studying as I continuously monitor the clock and I noticed that I can finish it much faster than before.

4. Better Mathematics:

Earlier I used to find difficult it to memorize the tables but now I can do it easily. I can also solve my sums faster than before as my understanding for the subject has increased to a great extent.

5. Richer Language:

I can now speak much better in English and Hindi. I also feel that my written language in these 2 subjects has also improved drastically.

6. Deeper Focus:

I can now feel that I am attached to my studies much better than before as my focus has improved.

7. Faster Reading Speed:

Earlier I would stumble while reading difficult words but now I can read all the words very fast.

8. Increased Confidence:

I now feel confident from inside while driving the bicycle but previously I would feel afraid of falling down.

9. Higher Level of Interest:

Sometime ago I did not like studying Hindi at all but now I am more interested in studying it.

10. Quicker Learning:

My learning speed has doubled up as I can learn in half the time compared to what I used to take earlier.

11. More Active:

While doing yoga it is difficult to get selected in the middle line but due to my increased activeness I got selected in it.

12. Greater Cheerfulness:

Earlier if anybody said something to me, I would feel hurt very fast. Now I have become more cheerful and therefore it does not bother me.

13. Improved Participation:

I have recently participated in a book reading competition from the library. In that due to my increased participation I had read the highest number of books in my class. I read a total of 20 books and the second highest had read only 12 books.

14. Greater Creativity:

I love doing art and craft and therefore I have become better in it after joining this training.

15. Better Academics:

Earlier I used to get excellent marks in all my subjects which is an 'A' grade but now I have advanced to outstanding which is an 'O' grade.

16. Better in Sports:

I can run much better than before as earlier I would not be able to clear even the qualifying round. Now after this training, not only I cleared the qualifying round but came 2nd in the race which is a tremendous achievement.

17. Interpersonal Skills:

Previously I used to make friends in my class only. Now due to my enhanced skills, I can even make friends outside my class.

18. Expanded Self-Esteem:

I can now run very fast and due to that I feel good from inside and my self-esteem has sky rocketed.

19. Heightened Observation:

Earlier when I used to solve a puzzle, I could not mark the small things in it but recently I could notice all the faces in the face puzzle.

20. Better Emotional Control:

Until now I used to get angry on my bus mates very fast but now I feel that I can control my anger much better than before.

21. Stress Free Studies:

I used to take a lot of tension for my examinations. Now I can plan it out better and therefore my studies have become completely stress free.

zahabiyah

Signature of the student