



Vahbiz Patel Testimonial

(Universal High School)

- 1. Exam Stress Gone:**
Previously I would take a lot of stress in my exams but now after this training, the stress has gone away completely.
- 2. Better Marks:**
I scored the these marks in my school- Literature -65/80, Language 60/80, Social Studies – 80/100, Commerce and Economics- 65/80. , Physical Education- 84/100. I scored an overall **85%** in my class this year. Before this training I use to score an approximate 60%.
- 3. Improved Concentration:**
In the subject of Economics, previously I could not concentrate and understand but now I can concentrate properly and also can understand it easily.
- 4. Sharper Memory:**
Earlier when I use to study Mathematics and then Chemistry and other subjects, I use to forget my Mathematics formulae and I had to learn them all over again. This use to happen in a span of 10 days. Now I can remember all the formulae and don't need to learn them again even after 10 days.
- 5. Richer Language:**
Now I can learn the Hindi answers by only remembering the key words and then framing my own answer as before I use to learn the entire answer and it would take a lot of time and effort.
- 6. Deeper Focus:**
I can focus on things much better than before. Previously due to the traffic noise, I could not focus, but after this training my focus level has increased.
- 7. Increased Confidence & Better Sports:**
My confidence level has gone up tremendously especially in sports. I stood **1st in the 100 and the 200 meters run, 1st in Shot Put, and also 1st in the Discuss Throw. We also won 4x400m relay competition.**
- 8. Higher Level of Interest:**
My level of interest in studies has gone up by 70%. Before I use to feel bored and would stop studying after sometime, but now I feel interested so I study for a longer period of time with enthusiasm.

9. Faster Grasping Power:

Previously while learning History I would take a lot of time to learn the answers especially the dates. Now I can learn all of them very fast. It has happened in all the subjects.

10. More Participative:

I started participating more after this training. For example: I participated in a handwriting competition and stood 3rd in that.

11. Greater Creativity:

Now I have started doing lot of creative things which I could not do before. For example: I collect shells from the sea shore and collect material which is matching the shell and then I make an Oyster type shell using my creativity.

12. Greater Interpersonal Skills:

Previously I use to only talk with my friends, but I now I talk with everybody and can also make new friends very easily. This was not possible before.

13. Expanded Self-Esteem:

I feel really good about myself and I feel that I am Usain Bolt because of my performance in running. This training has really improved the way I feel from inside.

14. Enhanced Intuition:

Once in my school, I thought that somebody important is going to come and there was actually a foreigner who had come. I came to know this with my Intuition.



Signature of the student